



Training Structure Changes

- The training structure at R&B has been 1.5hr sessions for all except our youngest members. This will be changing in September to allow a higher capacity of members in our club without compromising the quality of the training. All Friday and Saturday sessions will be broken down into 1 hour sessions with squad and national level members doing back to back sessions. Tuesday and Wednesday sessions will remain as 1.5 hour long sessions.
- Member's age, ability, siblings, and continuity of coaches has been taken into consideration when allocating sessions to members. You will receive an email from us with a session time.
- DMT will continue to be run on Wednesdays from 7-8pm at Ringwood.
- The first session back to normal training will be Tuesday 2nd September.

Fees

- Membership fees have now been published, please login to check your fees.
- Fee reminder emails are sent out regularly, however some members still fall behind with payment. If you have not paid before the end of any current term you will be sent an invoice via email to be paid by card online. This will incur a £5 card payment fee, and come into effect from October 26th.
- In conjunction with timetable changes fees are also changing. Member's fees have not been raised in over two years, however the clubs running costs have. This fee increase is in line with timetable changes and still offers great value for money compared with other local sessions.
- As before our fee charges will be tiered (the more you train the better the value).

£ per hr	hrs per week	£ per week	per 1/2 term (8 weeks)
£5.75	1	£5.75	£46.00
£5.00	1.5	£7.50	£60.00
£4.50	2	£9.00	£72.00
£4.00	2.5	£10.00	£80.00
£3.50	3.5	£12.25	£98.00
£3.25	4	£13.00	£104.00
£3.00	5.5	£16.50	£132.00

Term dates

- Autumn Part One – 01/09/14 – 26/10/14. Autumn Part Two – 27/10/14 – 21/12/14
- Spring Part One – 05/01/15 – 22/02/15. Spring Part Two – 23/02/15 – 19/04/15

Congratulations to all our competitors

- The 2013/2014 season was very successful, with many competitors winning medals within the region. A special mention for five of our members who qualified to represent the South West in the regional finals. Well Done to Saxon, Bea, Thomas, Dan and Alex. At National Level Oliver Guy competed in DMT coming in 4th in the country, well done Oli.
- The new competition structure, with many new changes, has been challenging to adapt to, however all of our members and coaches have done well to adopt the new structure. The new structure allows competitors to change the grade that they compete at each year without having to qualify at competition. We will be looking at how hard our members are training and will soon be assigning grades.

Club Welfare Officer

- Your welfare Officer is Michelle Druce, whose details can be found on the website, as well as on the notice boards at Littledown and Ringwood.
- We are currently recruiting new coaches, Welfare Officers and Judges. If you are interested, please let Leigh know. Most volunteers are completely funded by the club.

Rosie Bascombe (Head Coach & Secretary) rosie@tdmt.co.uk

Leigh Murrell (Treasurer) info@rbtrampolineclub.co.uk

Michelle Druce (Welfare Officer) mdruce@hotmail.com